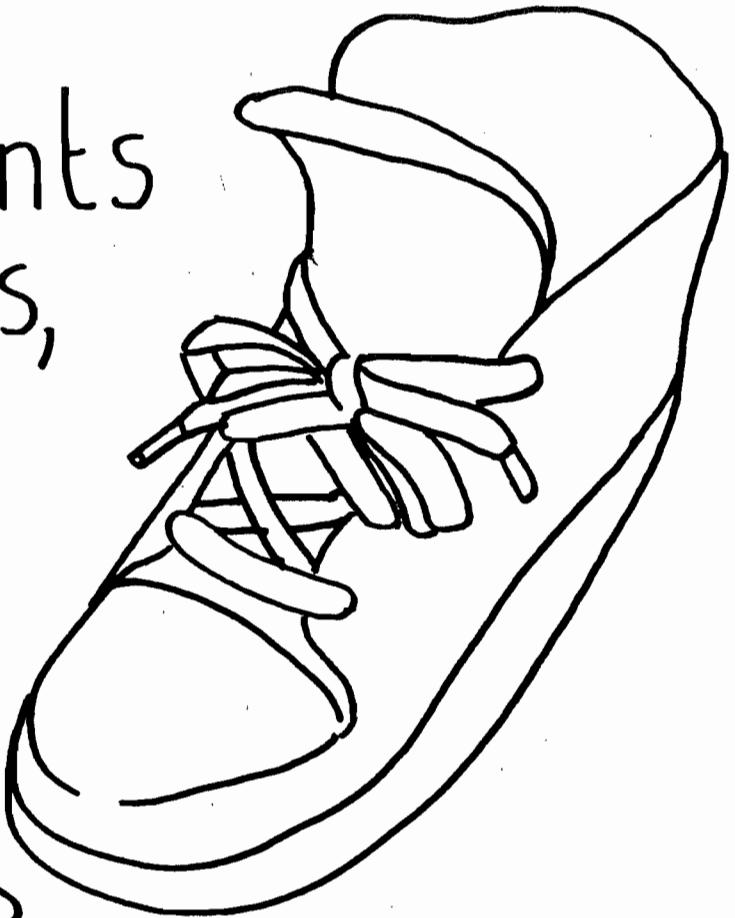


turini
grambo
1999

Dear Students
and parents,



We will
be working
on a unit involving your
sneakers. You will be
taking off your sneakers
in order to do this
work.

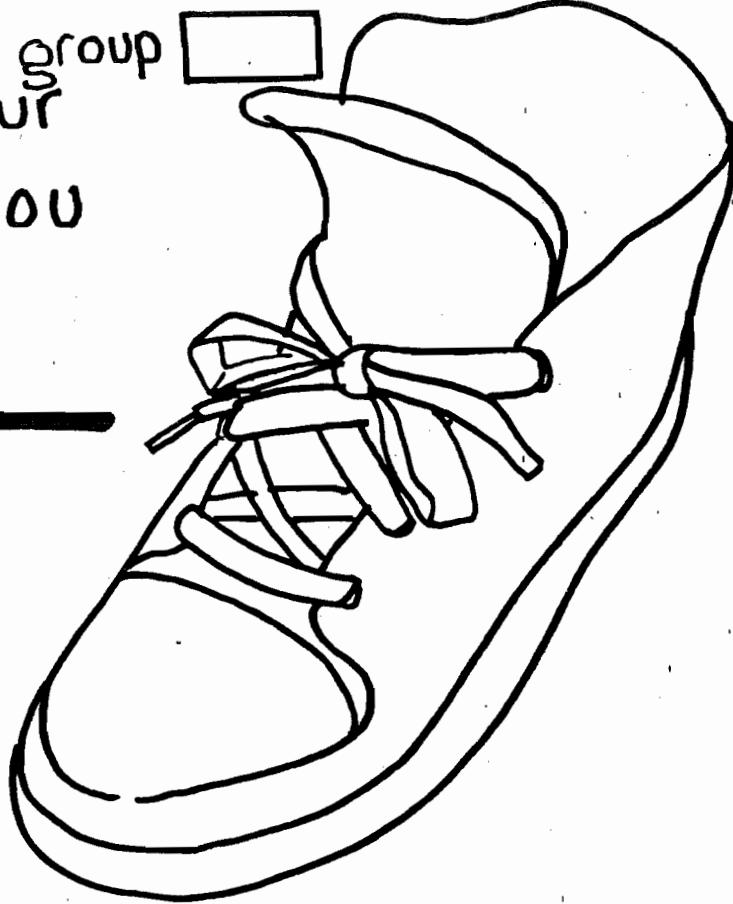
Graham

name

class

group

How well do your
sneakers keep you
from slipping?

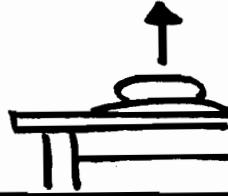


1) Examine the "Suction Cup"

Describe it



2) Press the cup onto the table top.
Try to pull it up.
Why is it difficult to remove?



3) Describe the bottom (sole)
of the sneaker



4) Why does the sneaker
have treads and
"suction cups"?

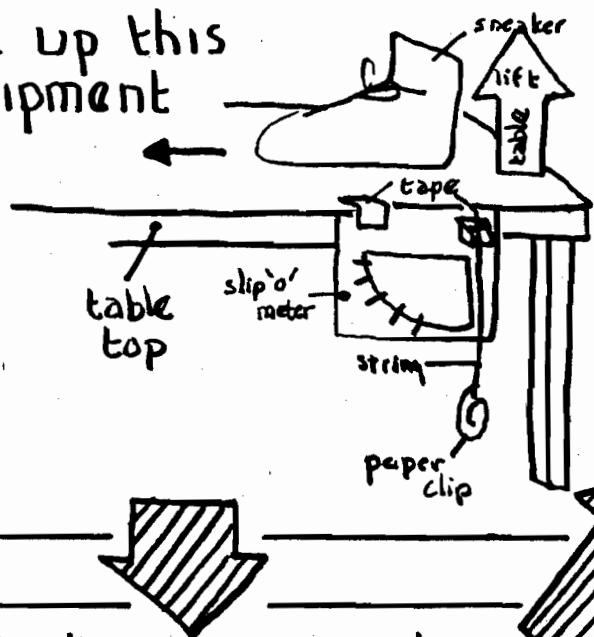


like a car tire sneakers
have been developed
to hold you to the
road

Let's see if they slide



- 5) set up this equipment



- 7) Which sneaker has more "holding on" power?



- 6) Tell about your sneakers

name brand pattern

1		
2		
3		
4		
5		
6		

draw or describe the patterns you observe

Now Let's slide



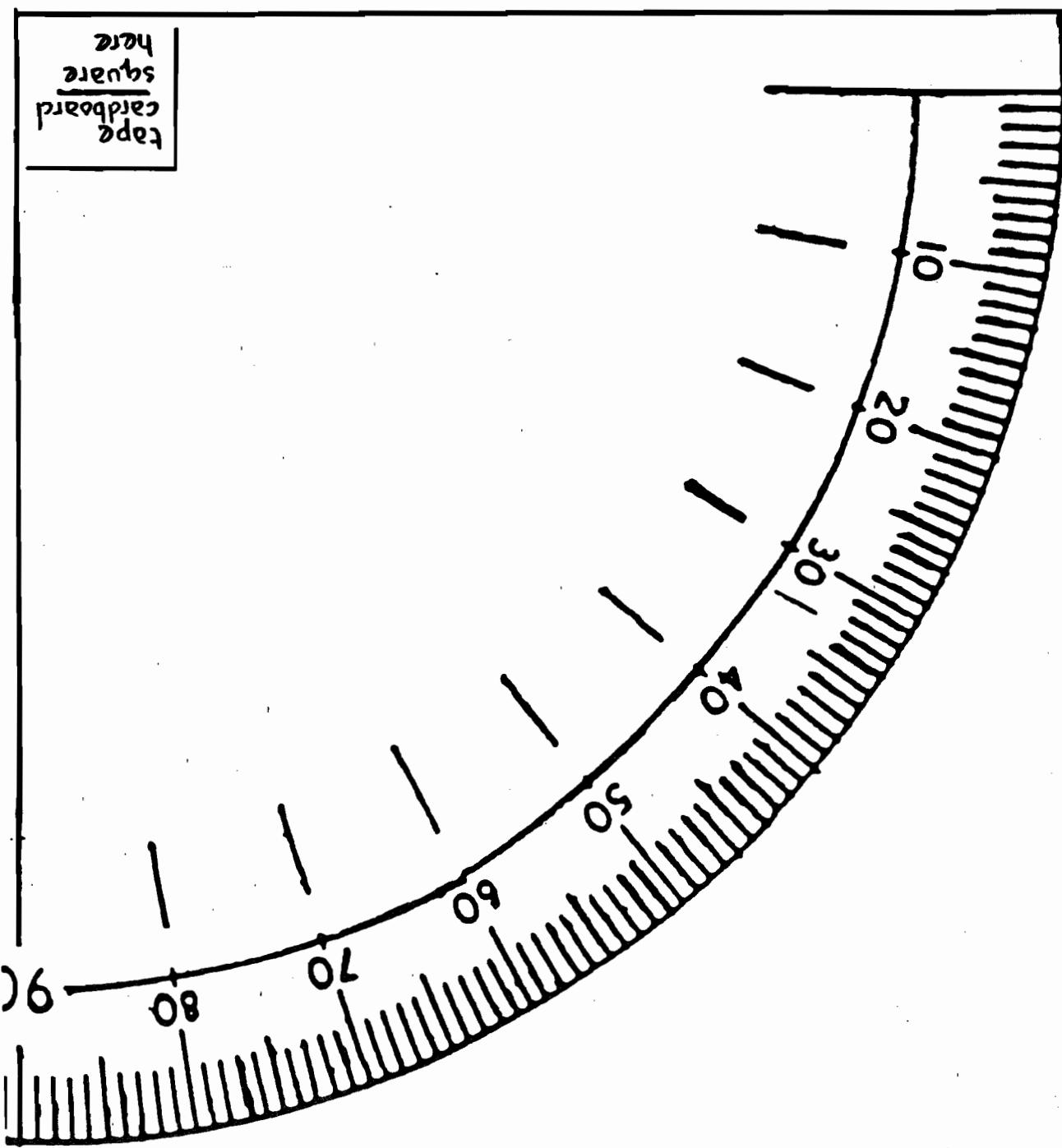
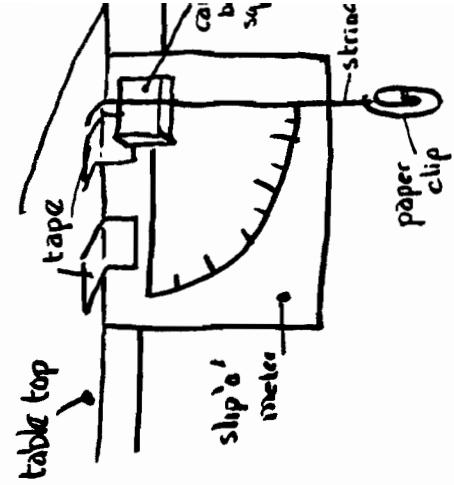
Lift the table up to the angle indicated below and record your results

	10°	20°	30°	40°	50°
1					
2					
3					
4					
5					
6					

Homework-

Why does one kind of sneaker keep you from sliding better than other sneakers?

slip 'o' meter

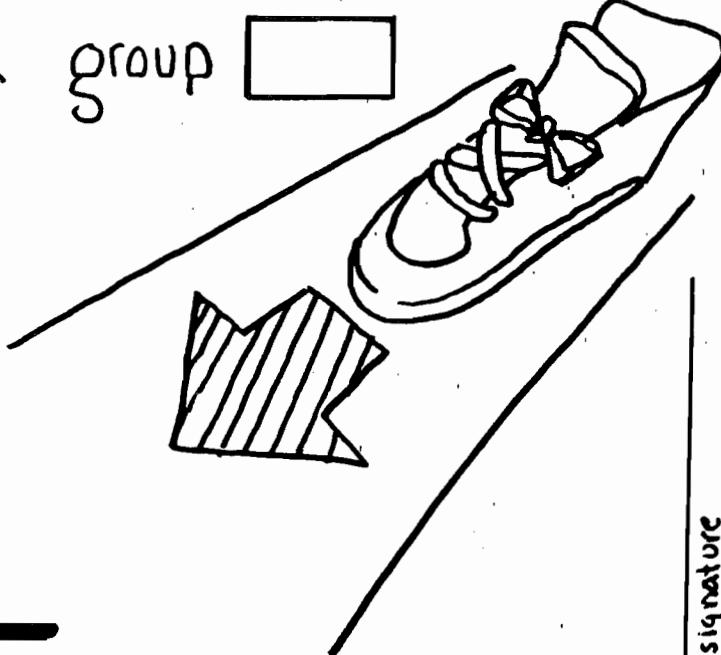


name _____

class _____

group _____

Will you slip if
you change the
surface you
walk on?



- ① Now do you stop a bicycle on a wet road?

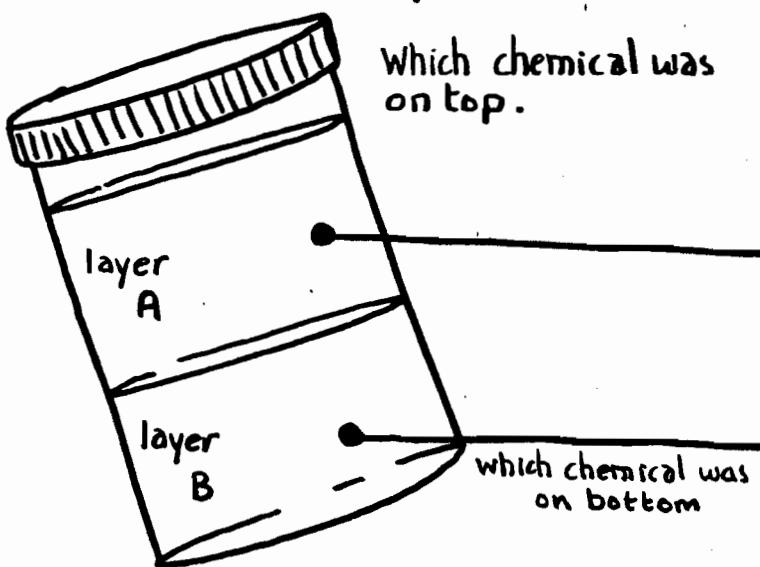


- ② Sometimes oil, spilled from cars, sits on the road and is effected by the rain.

Mix 5 ml. of oil with 5 ml. of H₂O (water)



describe what happened



the liquids do not mix because of their difference in density

define

Density -

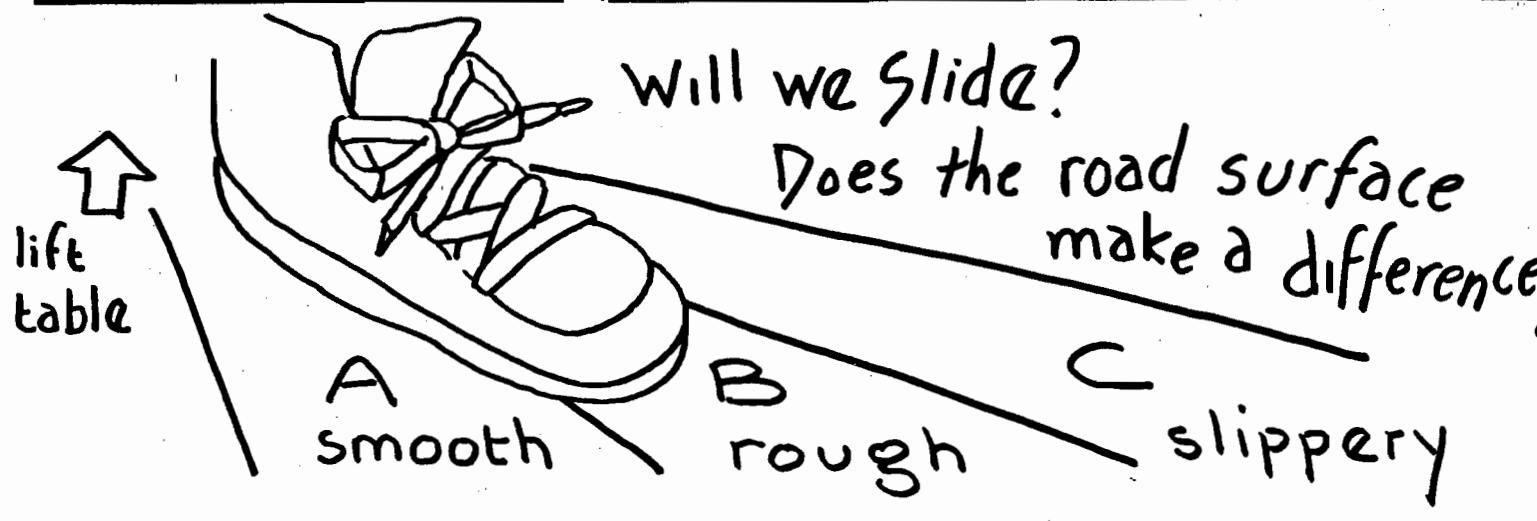
③ Rub your hands together

How do they feel?

④ Define Friction

⑤ What role does friction play in stopping a bicycle or you when you run?

What if oil is on the road?



brand pattern	angle			angle		
	A	B	C	A	B	C
1						
2						
3						

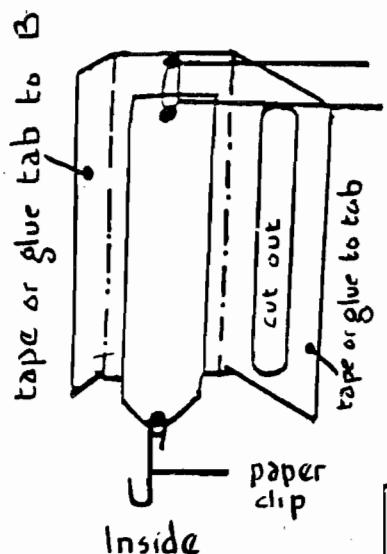
Use graph paper to show how all of the sneakers compare to each other.

Homework-

Which surface kept the sneaker from sliding? (Why?)



Front

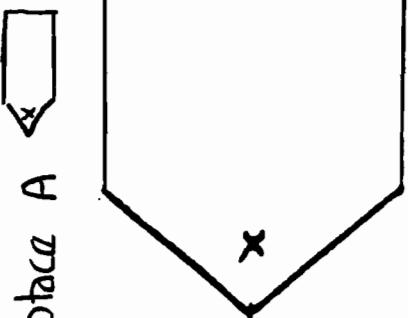


X A

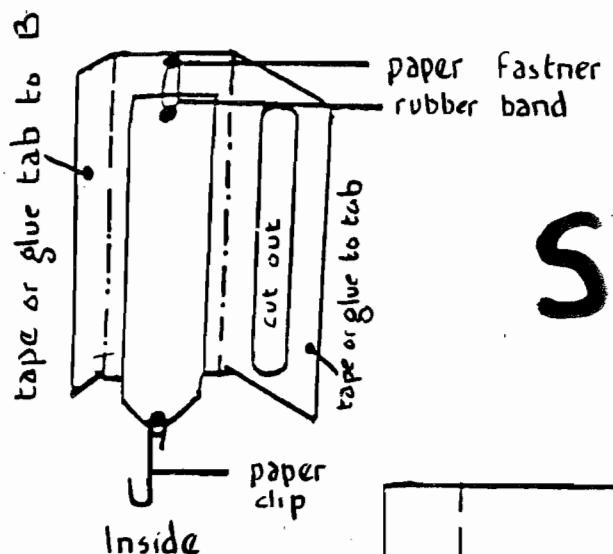
as shown above



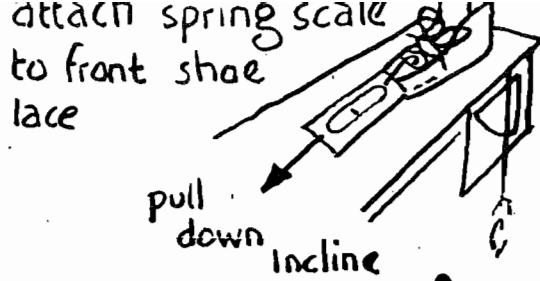
Inside B



place A



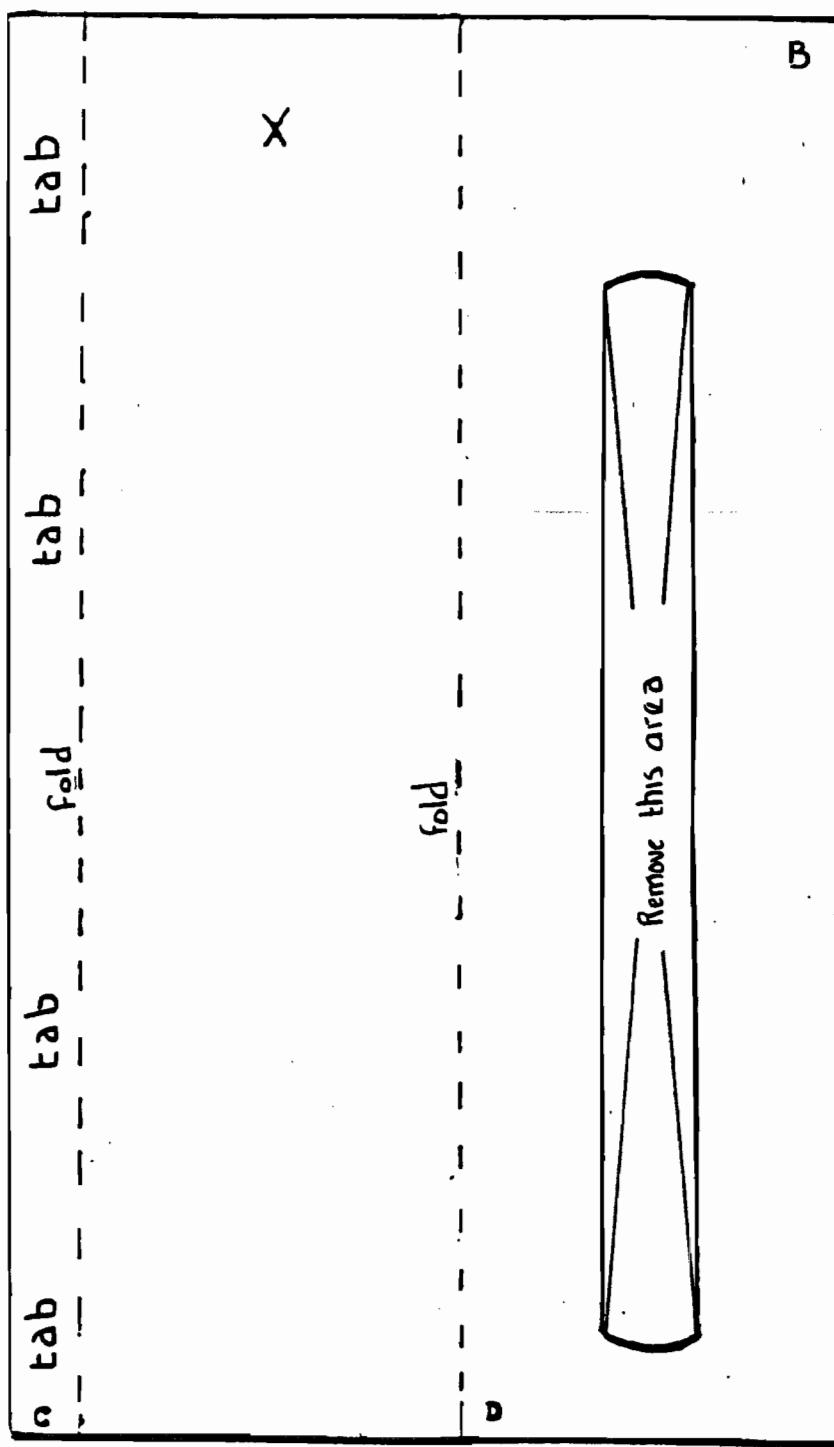
tape or glue tab to B
paper fastner
rubber band
cut out
tape or glue to tab
paper clip



attach spring scale to front shoe lace

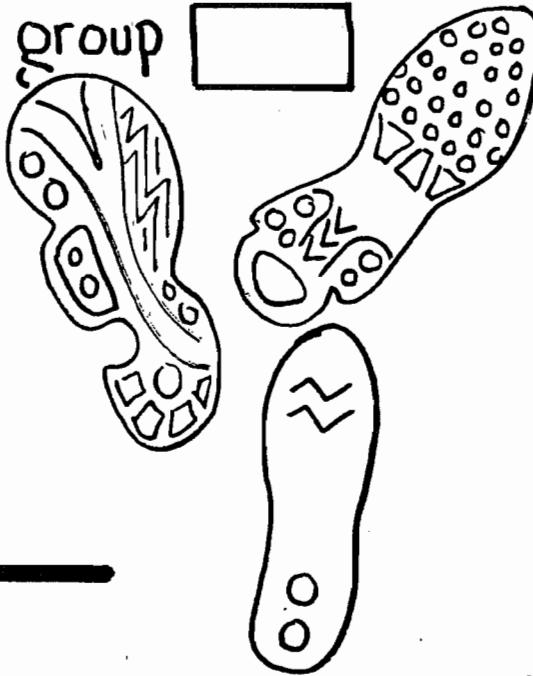
pull down incline

Spring Scale



name _____ class _____

How much of your shoe touches the floor?



Parent's signature _____

- 1) Place a penny under this sheet of paper and rub over the sheet with a pencil.

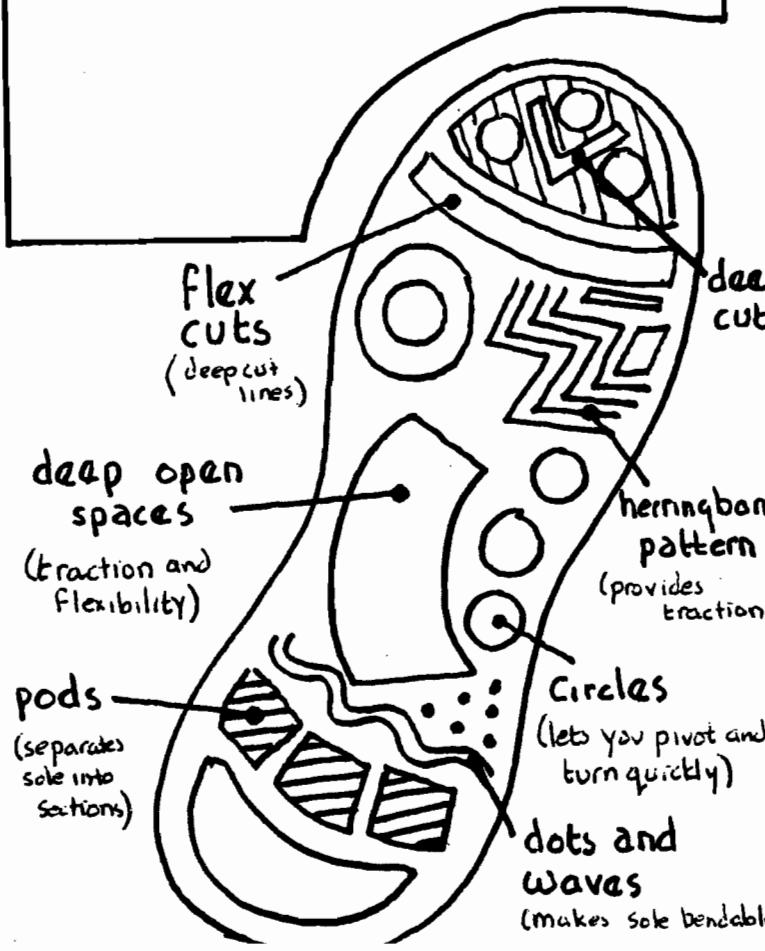
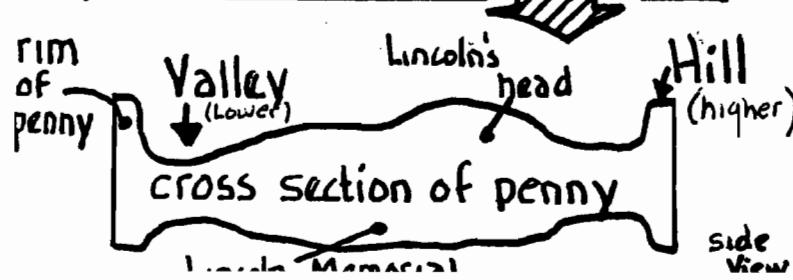
Describe what happens

Look at the sole (bottom) of your sneaker.

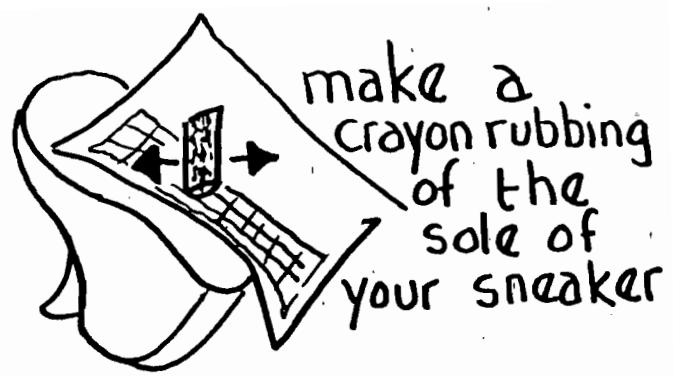
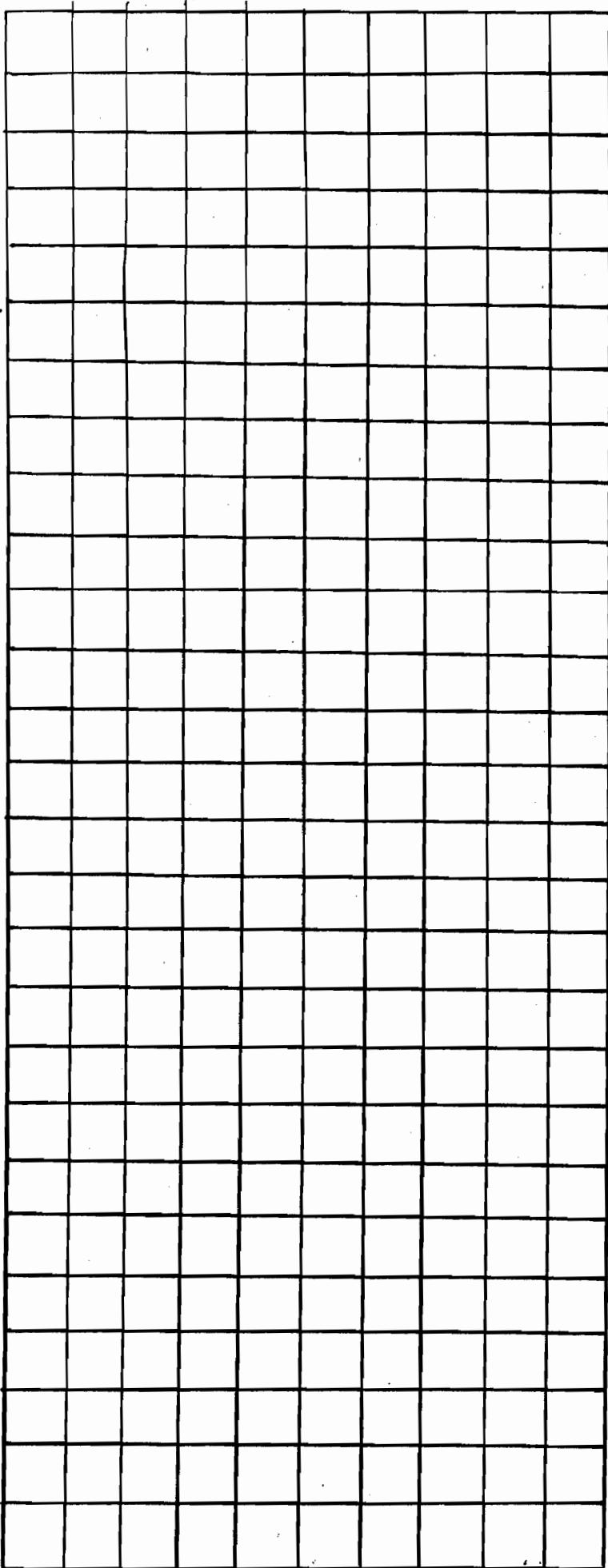
- 2) Tell about the Hills and Valleys

- 3) Why didn't all of Lincoln's face show up?

Turini/Granbo 1999



Note - each box is one square centimeter



Let's estimate the area of the sole of your sneaker

If a is filled in that is one square centimeter (sq.cm)

If is filled in then you have $\frac{1}{2}$ of a box or $\frac{1}{2}$ of a square centimeter. (you can add halves together)

your
sneaker

square cm.

friends →

	sq. cm

Homework-

How can you tell which sneaker has the most surface area?

me and my

name
class

group



1- looks

weighted score

2- comfort

from the first time
you put them on

weighted score

3-fit

weighted score

4-dryness

how well do they
stay dry in the
rain.

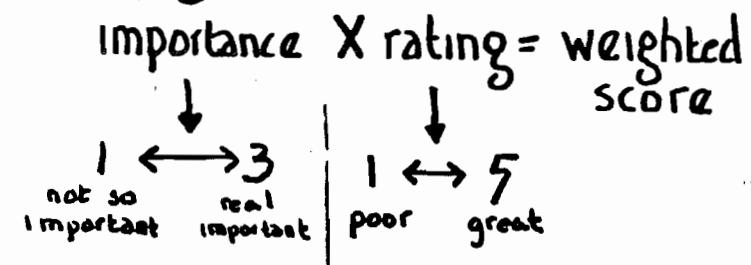
weighted score

5-cushioning

softness
inside

weighted score

scoring



6-stability

how well do they
keep your foot from
twisting

weighted score

7-bendability

weighted score

8-traction

	Y	N
flex cuts		
dots /waves		
pods		
deep open spaces		
circles		
herringbone pattern		

does it hold the
ground well?

8 weighted score

importance X rating = weighted score

1 _____ X _____ = _____

2 _____ X _____ = _____

3 _____ X _____ = _____

4 _____ X _____ = _____

5 _____ X _____ = _____

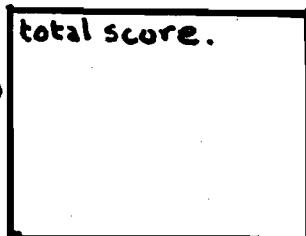
6 _____ X _____ = _____

7 _____ X _____ = _____

8 _____ X _____ = _____

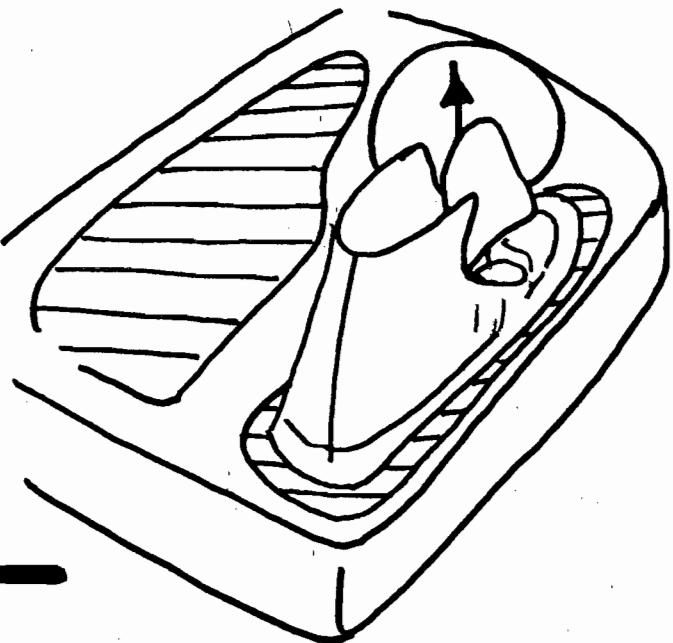
add all
eight
weighted
scores

total score.



name class group

Can you
"stand" the
pressure?



Parents signature

1) What is the purpose of wearing sneakers?



2) How does rubbing your foot against the ground effect your sneaker?



3) Will a lighter person or heavy person wear out sneakers faster?

Why?

4) Define Pressure -

pressure = your force
area

on Earth the force you exert
on the ground (due to gravity)
is called your weight

this means your force = weight

so

pressure = Weight
area

in kilograms

Weight (lbs.) = weight in
 Kg
 2.2 Kg

note -
weight is in
kilograms not
pounds

$$1 \text{ Kg} = 2.2 \text{ lbs.}$$

me	name _____ pressure = <u>weight*</u> $P = \frac{W}{A} = \frac{\text{Kg}}{\text{sq. cm.}}$	name _____ pressure = <u>weight*</u> $P = \frac{W}{A} = \frac{\text{kg.}}{\text{sq. cm.}}$	name _____ pressure = <u>weight*</u> $P = \frac{W}{A} = \frac{\text{Kg}}{\text{sq. cm.}}$
	P = _____ Kg per sq. cm.	P = _____ Kg. per sq. cm.	P = _____ Kg per sq. cm.

name _____ pressure = <u>weight*</u> $P = \frac{W}{A} = \frac{\text{Kg}}{\text{sq. cm.}}$	name _____ pressure = <u>weight*</u> $P = \frac{W}{A} = \frac{\text{Kg}}{\text{sq. cm.}}$	name _____ pressure = <u>weight*</u> $P = \frac{W}{A} = \frac{\text{Kg}}{\text{sq. cm.}}$
P = _____ Kg per sq. cm.	P = _____ Kg per sq. cm.	P = _____ Kg per sq. cm.

Homework - Which sneaker has the greatest amount of pressure per square centimeter? Why?